



ESI

ten herbs



It is a food supplement made of a mixture of powdered herbs (California buckthorn, Aloe, Fennel, Liquorice, Senna, Dandelion, Gentian, Buckthorn, Rhubarb, Horehound) which may be useful to improve a physiological intestinal transit.

DIRECTION FOR USE: 1-3 tablets to swallow with liquid at night before sleeping.

VEGETABLE PRINCIPLES

California buckthorn, Aloe, Rhubarb, Senna, Buckthorn: they improve intestinal transit, especially thanks to their influence on colon motility.

Fennel: it stimulates gastro-intestinal motility and can be useful in case of puffiness or flatulence. Liquorice: thanks to its content of saponin (2-15%), it has a good emulsifying power that can be used in case of reduced intestinal transit.

Gentian: it contains bitter substances that, by stimulating taste receptors, stimulate gastric salivary secretion in reflex way.

Dandelion: it has choleric, diuretic, eupeptic and stomachic properties; it is also used as mild laxative. *Horehound:* it has choleric activity due to horehound acid; it is useful in case of inappetence and dyspeptic disorders, such as puffiness and flatulence.

ten herbs PLUS



It is a food supplement of milk enzymes and B-group vitamins with vegetable extracts showing synergic action, particularly useful at intestinal level.

DIRECTION FOR USE: 1 to 2 capsules daily with liquid.

MILK ENZYMES

L. Acidophilus, L. Bifidus, L. Bulgaricus, L. Thermophilus: they are the so-called probiotics: lactobacillus which restore the balance of the intestine and help the natural organic defences. Probiotics can improve digestive functions, contrast with the damages against the bacterial flora of the intestine due to antibiotic therapies and contribute to solve constipation.

B-GROUP VITAMINS

Pyridoxine hydrochloride (B1 Vit.), Thiamine hydrochloride (B2 Vit.), Riboflavin (B6 Vit.): they prevent vitamins depletion which can be caused by an excessive use of laxatives and induce the reactivation of metabolic processes depending on B-Group Vitamins.

This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured by: **ESI s.p.a.**
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ITALY

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